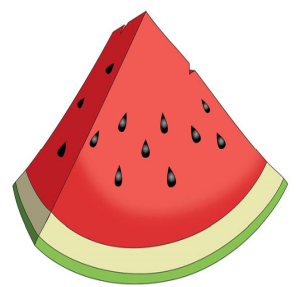


August 2026

Silver Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1. 10:00 PATIO SOCIAL
2. 	3. 	4. 10:00 Active Moment 11:00 Friendly Visit 1:45 Busy Hands 2:15 iPod music 3:30 Music Therapy	5. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 1:45 Busy Hands 2:15 iPod music 3:15 Relaxation	6. 10:00 Fun N Fitness 11:00 Ballon Toss 1:45 FRIENDLY VISIT 2:15 ICE CREAM SOCIAL	7. 10:00 MAGIC TABLE 11:15 Spiritual time 2:00 Birthday Party 	8. 10:00 SPIRITUAL MOMENT
9. 	10. 11:15 Music Therapy 1:15 Art Therapy	11. 10:00 Active Moment 11:00 Hand Massage 1:45 Busy Hands 2:15 iPod music 3:15 Relaxation	12. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 2:00 ARM CHAIR TRAVEL (MOZAMBIQUE) 3:15 FRIENDLY VISIT	13. 10:00 Fun N Fitness 11:00 Mind N Body 1:45 JAVA MUSIC CLUB (SUMMER)	14. 10:00 Pet Therapy (2nd Floor) 1:45 B-I-N-G-O 3:45 Relaxation	15. 10:00 PATIO SOCIAL
16. PROGRAMS ARE SUBJECT TO CHANGE OR CANCEL. THANKS FOR YOUR UNDERSTANDING.	17. 11:15 Music Therapy	18. 10:15 music Therapy 11:00 friendly visit 1:45 Busy Hands 2:15 iPod music 3:15 Relaxation	19. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 1:45 Busy Hands 2:15 iPod music 3:15 Relaxation	20. 10:00 Ballon Toss 11:00 Music Massage 1:30 SMOOTHIE SOCIAL	21. 11:00 Music Therapy 1:45 B-I-N-G-O 3:45 Relaxation	22. 10:00 SPIRITUAL MOMENT
23.	24. 10:15 Music Therapy	25. 10:00 Friendly Visit 1:45 Busy Hands 2:15 iPod music 3:30 Music Therapy	26. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 1:45 Busy Hands 2:15 iPod music 3:15 Relaxation	27. 10:00 Ballon Toss 11:00 Music Massage 1:45 FRIENDLY VISIT 2:15 ICE CREAM SOCIAL	28. 10:00 Magic Table 11:15 MUSIC THERAPY 1:45 B-I-N-G-O 3:45 Relaxation	29. 10:00 PATIO SOCIAL
30	31 2:00 Music Therapy					