

MAY 2026

Silver Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1. 10:15 Magic Table 11:15 Music Therapy</p> <p>1:45 B-I-N-G-O</p> <p>3:45 Relaxation</p>	<p>2. 10:00 Friendly visit 11:00 NATURE WALK</p>
3.	4. 11:15 Music Therapy 1:15 Art Therapy	5. 10: Active Moment 11: 00 Hand Massage 1:30 Garden Preparation 	6. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 2:00 SCENIC DRIVE 6:30 BRASS BAND	7. 10:00 Fun N Fitness 11:00 Mind N Body 1:45 FRIENDLY VISIT 2:00 MOTHER'S DAY Art N Craft	8. 10:15 Music Therapy (1:1) 11:15 Magic Table 2:00 Mother's Day Celebration	9. 10:00 Friendly visit 11:00 SPIRITUAL MOMENT
10. 	11. 11:15 Music Therapy 1:15 Art Therapy	12. 10:00 Active Moment 11:00 Hand Massage 2:00 Birthday party 	13. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 1:45 JAVA MUSIC CLUB (MOTHER'S DAY)	14. 10:00 Fun N Fitness 11:00 Mind N Body 1:45 FRIENDLY VISIT 2:15 BUSY HANDS/IPOD 3:15 ARM CHAIR TRAVEL TO BHUTAN	15. 10:15 Music Therapy (1:1) 11:15 Magic Table 1:45 B-I-N-G-O	16. 10:00 Friendly visit 11:00 BEAUTY TIME
17. PROGRAMS ARE SUBJECT TO CHANGE OR CANCEL. THANKS FOR YOUR UNDERSTANDING.		19. 10:00 Active Moment 11: 00 Friendly Visit 2:00 MONTESSORI 3:30 MUSIC THERAPY	20. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 2:00 DOMINO N GAMES 3:30 SILENT DISCO	21. 10:00 Ballon Toss 11:00 Music Massage 1:45 FRIENDLY VISIT 2:15 HAPPY HOUR	22. 10:00 MONTESSORI 11:15 Magic Table 1:45 B-I-N-G-O 3:45 Relaxation	23. 10:00 Friendly visit 11:00 SPIRITUAL MOMENT
24.	25. 11:15 Music Therapy	26. 10:00 Fun N Fitness 11:00 Hand Massage 1:45 FRIENDLY VISIT 2:00 MONTESSORI 3:30 IPOD MUSIC	27. 10:00 MAHJONG GAME 11:00 CHURCH SERVICE 2:00 DOMINO N GAMES 3:30 SILENT DISCO	28. 10:00 Ballon Tennis 11:00 Mind N Body 2:00 BUSY HANDS 3:15 Art N Craft	29. 10:00 MAGIC TABLE 11:15 Music Therapy 1:45 B-I-N-G-O 3:45 Relaxation	30. 10:00 Friendly visit 11:00 NATURE WALK
31.						