



FAIR HAVEN HOMES OVERNIGHT RESPITE

ADMISSION CRITERIA AND GUIDELINES

Welcome to Fair Haven Homes Overnight Respite! Fair Haven is a non-profit organization that provides around-the-clock care for seniors with complex care needs, in partnership with regional Health Authorities. We're proud to be voluntarily accredited by Accreditation Canada with exemplary status.

We are located at 2711 East 49th Avenue in Vancouver, just steps from the Killarney Community Centre and Killarney Secondary School. Visitor parking is available at the main entrance, and public transit is close by for added convenience.

Our Overnight Respite program offers 12 private rooms, each with its own 2-piece bathroom and comfortably furnished with a bed, bedside table, wardrobe, dresser, chair, and TV. All rooms are equipped with mechanical lifts to support guests with higher care needs. Please note that we're unable to accommodate motorized wheelchairs or scooters.

We are fully licensed under the Community Care and Assisted Living Act and are committed to providing safe, high-quality care that meets all regulatory requirements.

Guest Eligibility and Referral Process

Eligibility is based on guidelines from the Ministry of Health for Home and Community Care Services (Caregiver Respite/Relief guidelines can be viewed at <https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/are-you-eligible> or email your questions to respite@vch.ca)

1. Must be assessed by a Vancouver Coastal Health Case Manager
2. Must be a current resident in Vancouver

Booking/Check In/Cancellation:

Bookings are managed through the BookABreak website at <https://bookabreak.vch.ca/Login> by family members or case managers:

- Guests may book Respite stays as often as needed
- Guests may stay a minimum of 2 days up to 30 days per year, which may be used intermittently or all at once. An exception may be made for requests for a stay exceeding the 30 day limit if approved by the contract manager and if there is a vacancy available.
- Medications administered to the guests at the Respite are prepared by a designated pharmacy.
- Check ins are scheduled daily at either 11 a.m. or 1 p.m. Check out is at 9 a.m. (A later check out may be arranged if communicated in advance, but if check out happens after 11:00 a.m., the guest will be charged for an extra day.)



FAIR HAVEN HOMES OVERNIGHT RESPITE

We kindly ask that families notify the Overnight Respite as soon as possible if they need to cancel or change a scheduled stay. This allows us the opportunity to offer the space to another guest who may be waiting for care.

What We Can Support

Our Overnight Respite program is designed to support individuals whose care needs can be safely met during a short-term stay. Below is a general overview of the types of care we can and cannot provide.

We Can Support

- Oxygen used at home
- Simple wound care
- Ostomy or drain care
- Catheter care
- Support with diabetes
- Predictable behaviours, with a care plan already in place

We Are Not Able to Support

- Oxygen connected to the wall
- Tracheostomy care
- IV medications or treatments
- Complex wound care or vacuum (VAC) dressings
- Care for complex or unpredictable behaviours
- Active cancer treatment
- Daily blood work or lab testing
- Certain high-risk daily medications
- Bariatric clients
- Recreational marijuana use
- Motorized wheelchairs or scooters

Required Documentation:

Prior to admission, we need the following documentation:

- Vancouver Coastal Health Authority case manager referral and assessment is required prior to any new Overnight Respite booking.

The following forms need to be completed and received by Overnight Respite and pharmacy at least seven (7) days in advance of expected admission day either by email, fax or drop off:

- Medical Summary Form
- Medical Intervention Form / No CPR – Medical Order Form*
- Current Medications Order
- Routine Orders Form (NIO)



FAIR HAVEN HOMES OVERNIGHT RESPITE

All guests staying at Fair Haven Overnight Respite will receive Cardiopulmonary Resuscitation (CPR) unless a No Cardiopulmonary Resuscitation-Medical Order Form (no-CPR) is signed per B.C. Ministry of Health guidelines and completed by your family physician or nurse practitioner. Fair Haven Overnight Respite does not employ physicians and cannot provide care in situations where advanced medical supplies and interventions are required (e.g., Advanced Directives, Unstable or Unpredictable Care Needs). Transportation to hospital will occur if Fair Haven's staff determine that emergency care is required. The Respite Care Coordinator will discuss this with you upon screening and admission.

CONTACT US

Fair Haven Homes Overnight Respite
2711 East 49th Avenue, Vancouver, BC, V5S 1G7
Tel: 604-336-1544
Fax: 604-336-1548
respite@fairhaven.bc.ca
Office hours: Monday to Friday, 9 a.m. – 4 p.m.



FAIR HAVEN HOMES OVERNIGHT RESPITE

FAST FAQs

Furnishings: All rooms have bed, bedside table, wardrobe, dresser, chair, and TV. All rooms are wheelchair accessible/ceiling lifts.

Care Team: Respite guests receive the same nursing care as long-term residents. All required personal care and medical assistance is provided under the direction of a nurse.

Activities: Respite guests are encouraged to participate in activities led by Recreation staff.

Medications: Nurses are required to administer all medications. Medication prescriptions are received from the Respite guest's family physician and must, by law, be supplied by our contracted pharmacy (please see *Pharmacy consent and billing information*). A current medication order must be received by the Respite Care Coordinator at least seven (7) days prior to the check in date.

Physician Care: Respite guests keep their own family physician, who would be consulted in case of emergency during office hours. After office hours, it will be at the Respite staff's discretion, in consultation with family, to send a Respite guest to the emergency room.

Meals: Three meals and two snacks are provided throughout the day. Breakfast is served at 8:15 a.m., lunch at 12:00 p.m., and dinner at 5:00 p.m. Special dietary requirements can be accommodated.

Bathing: The guest will be bathed one day after check in, then scheduled weekly (and on an "as needed" basis).

Booking: Booking are done through the BookABreak website, where you can get support from your Case Manager. Guests may stay a minimum of 2 days up to 30 days per year, which can be used all at once or spread throughout the year.

Check In/Check Out: The Respite will contact you to make admission arrangements after receiving the booking. Check ins are scheduled daily at either 11 a.m. or 1 p.m. Check out is at 9 a.m. (A later check out may be arranged if communicated in advance, but if check out happens after 11:00 a.m., the guest will be charged for an extra day.)

Cost and Billing: Current nightly rate of \$49.57 is due on the day of admission. Additional pharmacy dispensing costs and other chargeable extras (i.e., hairdresser, podiatrist, etc.) will be billed during check out.

Visiting/Outings: Visiting hours are 10 a.m. to 8:30 p.m. Respite guests may be taken out. However, to ensure the stay is safe and successful, please ensure the guest is present on site most of the day to allow familiarization with the environment and routines, and for staff to get to know them and care plan accordingly.