

JUNE 2025

Silver Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 	2. 1:00 Music Therapy	3. 10:00 Active Moment 11: 00 Singing Bowl Therapy 1:45 FRIENDLY VISIT 2:00 MONTESSORI/IPOD 3:45 MUSIC THERAPY	4. 10:00 SPIRITUAL TIME 11:00 BEAUTY TIME 1:45 FRIENDLY VISIT 2:00 BRAIN GAME 3:45 Reminiscing	5. 10:00 FUN N FITNESS 11: 00 Music N Massage 1:45 FRIENDLY VISIT 2:15 MOVIE TIME 3:45 ICE CREAM SOCIAL	6. 10:00 Music Therapy 11: 00 Art N Craft 1:45 B-I-N-G-O 3:45 RELAXATION	7. 10: 00 Active Moment 11:15 FRIENDLY VISIT
8.	9. 11:00 Music Therapy	10. 10:00 Fun N Fitness 11: 00 Ballon Toss 2:00 Birthday Party 	11. 10:00 CHINESE SOCIAL 11:00 COLORING GROUP 1:45 FRIENDLY VISIT 2:00 ARM CHAIR TRAVEL (NEITHER LAND) 3:45 Sing -A-Long	12. 10:00 Fun N Fitness 11: 00 Ballon Toss 1:45 Patio Social 3:45 RELAXATION	13. 10:00 Music Therapy 11:00 BEAUTY TIME 2:00 FATHERS DAY CELEBRATION 3:45 FRIENDLY VISIT	14. 10: 00 Art N Craft 11:15 FRIENDLY VISIT
15. 	16. 1:45 Active Moment 3:45 Music N massage	17. 10:00 Fun N Fitness 11: 00 Ballon Toss 1:45 FRIENDLY VISIT 2:00 MONTESSORI/IPOD 3:45 NATURE WALK	18. 10:00 CHINESE SOCIAL 11:00 CHURCH SERVICE 1:45 FRIENDLY VISIT 2:00 ARM CHAIR TRAVEL (BELGIUM) 3:45 Reminiscing	19. 10:00 FUN N FITNESS 11:00 Music N Massage 1:45 JAVA MUSIC CLUB (FATHER) 3:45 FRIENDLY VISIT	20. First Day of Summer 10:00 Magic table 11:00 Music Massage 2:00 SUMMER KICK OFF PARTY 3:45 FRIENDLY VISIT	21. 10: 00 Active Moment 11:15 FRIENDLY VISIT
22. 	23. 10:00 Music Therapy	24. 10:00 Music Therapy 11: 00 Magic Table 1:45 FRIENDLY VISIT 2:00 MONTESSORI/IPOD 3:15 REMINISCING	25. 10:00 CHINESE SOCIAL 11:00 CHURCH SERVICE 1:30 Scenic Drive 2:00 Art N Craft 3:45 Piano RELAXATION	26. 10:00 Fun N Fitness 11: 00 Ballon Toss 1:45 FRIENDLY VISIT 2:15 MOVIE TIME 3:15 HAPPY HOUR	27. 10:00 Music Therapy 11: 00 BEAUTY TIME 2:00 CANADA DAY PARTY 3:45 FRIENDLY VISIT	28. 10: 00 Beauty Time 11:15 FRIENDLY VISIT
29. PROGRAMS ARE SUBJECT TO CHANGE OR CANCEL. THANKS FOR YOUR UNDERSTANDING.	30. 11:00 Music Therapy	 				