

# MARCH 2025

# Silver Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2.	3.	4. 10:00 Fun N Fitness 11:00 Singing Bowl Therapy 1:45 FRIENDLY VISIT 2:15 MONTESSORI/IPOD 3:45 MUSIC WITH RACHEL	5. 10:00 SPIRITUAL MOMENT 11:00 MUSIC N MASSAGE 1:45 FRIENDLY VISIT 2:00 Active Moment	6. 10:00 Fun N Fitness 11: 00 Ballon Toss  1:45 BRAIN GAME 3:15 MOVIE TIME 3:45 FRIENDLY VISIT	7. 10:00 Creative Corner 11:00 MIKE CRITTERS  1:45 B-I-N-G-O  3:45 FRIENDLY VISIT	8. International Women's Day  10:00 DOCUMENTARY (BETTY WHITE)  11:00 friendly Visit
9. 	10.	11. 10:00 Fun N Fitness 11: 00 Ballon Toss 2:00 Birthday Party 	12. 10:00 CHINESE SOCIAL 11:00 CHURCH SERVICE  1:45 FRIENDLY VISIT 2:00 Active Moment 3:45 Sing -A-Long	13. 10:00 ART THERAPY 11:00 SPIRITUAL MOMENT  1:45 FRIENDLY VISIT 2:00 Art N Craft 3:15 MUSIC & MASSAGE	14. 10:00 Fun N Fitness 11:00 Ballon Toss  1:45 B-I-N-G-O  3:45 FRIENDLY VISIT	15.  10:00 ARM CHAIR TRAVEL ( COLOMBIA)  11:00 FRIENDLY VISIT
16. PROGRAMS ARE SUBJECT TO CHANGE OR CANCEL. THANKS FOR YOUR UNDERSTANDING.	17. ST PATRICK'S DAY	18. 10:00 Fun N Fitness 11:00 Ballon Toss  1:45 MONTESSORI/IPOD 3:15 St PATRICK'S ( REMINISCING)	19. 10:00 Fun N Fitness 11:00 CHURCH SERVICE  2:00 Bus Outing 3:15 Music N Massage	20. First day of Spring 10:00 Fun N Fitness 11: 00 Ballon Toss  1:45 BRAIN GAME 3:15 REMINISCING 3:45 FRIENDLY VISIT	21. 10:00 Magic Table 11:00 Music N Massage  1:45 B-I-N-G-O  3:45 FRIENDLY VISIT	22. 10:00 Exercise 11:00 Ballon Toss  1:45 MONTESSORI 3:45 HAND MASSAGE
23.	24.	25. 10: Fun N Fitness 11: Ballon Toss	26. 10:00 Singing Bowl Therapy 11: Craft Corner	27. 10:00 ART THERAPY 11: 00 Ballon Toss  2:00 Chinese Dance 3:45 FRIENDLY VISIT	28 10:00 Magic table 11:00 Beauty Time  1:45 B-I-N-G-O  3:45 FRIENDLY VISIT	29 10:00 ARM CHAIR TRAVEL ( CHILE ) 11:00 FRIENDLY VISIT
30	31 	1:45 MONTESSORI 3:45 MUSIC WITH RACHEL	1:45 FRIENDLY VISIT 3:00 Active Moment			