

# FEBRUARY 2025

# Silver Birch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1.</p> <p>10: 00 ARM CHAIR TRAVEL ( YELLOW STONE)</p> <p>11:00 FRIENDLY VISIT</p>
2.	3.	<p>4.</p> <p>10:00 Fun N Fitness 11: 00 Singing Bowl Therapy 1:45 FRIENDLY VISIT 2:15 MONTESSORI 3:45 MUSIC WITH RACHEL</p>	<p>5.</p> <p>10:00YOGA STRETCHES 11:00 MUSIC N MASSAGE 1:45 FRIENDLY VISIT 2:00 Active Moment 3:45 Sing -A-Long</p>	<p>6.</p> <p>10:00 <b>ART THERAPY</b> 11:00SPIRITUAL MOMENT  1:45 BRAIN GAME 3:15 MOVIE TIME</p>	<p>7.</p> <p>10:00 Magic table 11:00 SPIRITUAL MOMENT  1:45 <b>B-I-N-G-O</b> 3:45 FRIENDLY VISIT</p>	<p>8.</p> <p><b>2:30 MUSIC WITH INEKE</b></p> <p>4:00 FRIENDLY VISIT</p>
9.	10.	<p>11.</p> <p>10:00 Fun N Fitness 11: 00 Ballon Toss <b>2:00 Birthday Party</b></p> 	<p>12.</p> <p>10:00 CHINESE SOCIAL 11:00 CHURCH SERVICE  <b>2:00 MUSIC WITH SHERYL</b></p>	<p>13.</p> <p>10:00 Fun N Fitness 11:00 Ballon Toss  1:45 1:1 VISIT 2:00 Art N Craft 3:15 MUSIC &amp;MASSAGE</p>	<p>14.</p> <p>10:00 Reminiscing (Valentine) <b>2:00 Music with Barry Wilson</b></p> 	<p>15.</p> 
16.	<p>17.</p> 	<p>18.</p> <p>10:00 Fun N Fitness 11: 00 Ballon Toss  <b>1:30 Java Music Club (Family)</b></p>	<p>19.</p> <p>10:00 CHINESE SOCIAL 11:00 CHURCH SERVICE  <b>1:45 Scenic Drive</b> 2:00 Music N Massage 3:45 Sing -A-Long</p>	<p>20.</p> <p>10:00 <b>ART THERAPY</b> 11: 00 Arm Chair Travel  1:45 FRIENDLY VISIT 2:00 MOVIE TIME 3:15 <b>AFTERNOON SOCIAL</b></p>	<p>21.</p> <p>10:00 Magic table 11: 00 Price is right  1:45 <b>B-I-N-G-O</b> 3:45 FRIENDLY VISIT</p>	<p>22.</p> <p>10:00 SPIRITUAL MOMENT</p> <p>11:00 FRIENDLY VISIT</p>
<p>23.</p> <p>PROGRAMS ARE SUBJECT TO CHANGE OR CANCEL. THANKS FOR YOUR UNDERSTANDING.</p>	<p>24.</p>	<p>25.</p> <p>10: Fun N Fitness 11: Ballon Toss  1:45 MONTESSORI 3:45 MUSIC WITH RACHEL</p>	<p>26.</p> <p>10:00 Singing Bowl Therapy   11:00 Creative corner 1:45 FRIENDLY VISIT 3:00 Active Moment</p>	<p>27.</p> <p>10:00 FUN N FITNESS 11:00 Ballon Toss  1:45 FRIENDLY VISIT 3:45 GUESS THE LANDMARK</p>	<p>28</p> <p>10:00 Magic table 11: 00 Brain Game  1:45 <b>B-I-N-G-O</b> 3:45 FRIENDLY VISIT</p>	