

FAIR HAVEN HOMES SOCIETY Frequently Asked Questions

Fair Haven Homes Society is a non-profit organization contracted through the health authorities to provide 24-hour long-term care (LTC) for individuals with complex care needs.

How Many Beds at Each Facility?

Fair Haven manages two care communities referred to as lodges. One is in East Vancouver (built 2002) in the Killarney area and the other is in Burnaby's South Slope (built 1993). Fair Haven has no private pay beds.

Burnaby Lodge Neighbourhoods (100 beds):

- 1. Marigold Lane (ML) Main Floor
- 2. Sunflower Crescent (SC) Main Floor designated "Special Care or BSTN"
- 3. Rosewood Walk (RW) Upper Floor
- 4. Carnation Way (CW) Upper Floor

The neighbourhoods are located on two floors, each of which is divided into two wings. There is a 25-bed special care unit on site. All 100 rooms in the Burnaby site are private rooms, each with a two-piece bathroom, and include a bed, night table, dresser, wardrobe, armchair, lamp and towels and linen.

Residents may personalize their rooms by adding a radio, television, personal pictures, small furniture, and plants.

Vancouver Lodge Neighbourhoods (101 beds):

- 1. Magnolia Drive (MD) Main Floor designated as "Special Care"
- Willow Tree (WT) Main Floor designated as "Special Care Plus"
- 3. Cherry Tree (CT) Upper Floor
- 4. Silver Birch (SB) Upper Floor
- 5. Apple Blossom (AB) Upper Floor

There are 89 private rooms and 6 double occupancy rooms. Private rooms include a bed, night table, dresser, wardrobe, armchair, lamp and towels and linen. Each resident room has a two-piece bathroom.

How are Residents Selected for Admission?

The respective health authorities complete admission to the care home. If your loved one needs care, they must be assessed through their local health authority. This assessment will determine the most appropriate care and placement based on their case needs.

You can request Fair Haven as a preferred care facility, but we at Fair Haven have no control or influence over who is admitted to our facility.

Once assigned to Fair Haven, residents are placed in their respective neighbourhoods according to their care needs. Fair Haven Lodges are licensed under the Community Care and Assisted Living Act and adhere to provincial standardized regulations for providing care.

Who is the Primary Point of Contact?

The Assistant Director of Care is the first point of contact for any questions or concerns prior to admission. Once your loved one is a resident, the neighborhood Nurse is a key contact for day-to-day resident care.

Is there Medical Care Provided Onsite?

Each Fair Haven location has a Medical Coordinator who oversees the team of physicians and nurse practitioners who provide care to the residents in the lodges. New residents are assigned to one of these for ongoing medical oversight.

What is Person-centred Care?

Fair Haven is guided by the philosophy of "Person-centered Care." This means that residents are treated as unique individuals who deserve to have both a home and a caring community.

Our interdisciplinary health team members listen and honour the perspectives and choices of the resident we serve and their families by incorporating their knowledge, values, beliefs and cultural backgrounds into the planning and delivering of care.

Each residents' individual needs and preferences are very important in providing person-centered care. Fair Haven understands that moving into our care lodge is a transition – we provide support to the resident when moving in and throughout the first few weeks as the staff gets to know them.

This may include:

- A nursing assessment
- Orientation to the lodge and daily schedules
- Introduction to fellow residents
- Visits from the care team members care staff, recreational staff, dietitian, and service support workers

Who is Involved in Day-to-day Care?

a. Care Department

We implement the person-centered care philosophy by listening carefully to residents and their families and developing care plans that reflect each resident's goals, choices, decisions, and values to the best of our ability. We staff according to resident needs and Ministry of Health standards.

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The Care Department provides 24-hour services by Registered Nurses, Licensed Practical Nurses, and Registered Care Aides.

An Assistant Director of Care is onsite Monday to Friday (dayshift) to provide leadership to and assist the Care Team in developing and implementing personcentred care.

b. Recreation, Spiritual Care and Rehabilitation Services

Recreation is an essential component of person-centred care. Through active engagement in activities, Fair Haven residents can experience a high quality of life. The recreation team includes Recreation Therapists, Art Therapists, Music Therapists, etc., and offers a variety of programs and activities.

Fair Haven has some rehabilitation services (e.g., physiotherapist, occupational therapist, or rehabilitation assistant) available to maintain strength and active living. Information on resources that a resident or family member can hire privately if they wish is available upon request. Any resource privately hired (e.g., massage therapist, physiotherapist, acupuncturist, personal care attendant, etc.) must submit required documentation (credentials, liability insurance, criminal record checks, etc.) to Fair Haven before providing any service for a resident.

c. Support Services

Fair Haven's team of support services includes food services, housekeeping, laundry and maintenance. This team is critical to ensure person-centred care by creating healthy, appealing meals and maintaining clean and safe buildings.

Is Fair Haven Accredited?

We are voluntarily accredited through Accreditation Canada.

Visiting Hours

We welcome and encourage visits! Daily visiting hours are from 10 a.m. - 8:30 p.m. If you would like to visit outside of these hours, please notify the neighbourhood nurse.

Rent / Fees

The monthly accommodation fee includes board and lodging, care services, and essential services such as laundry and housekeeping. The Ministry of Health sets the rate, which is determined based on the resident's income.

Upon admission, we ask that families set up a Comfort Fund account. The purpose of this account is to meet the day-to-day living incidental expenses not covered by the monthly rent. These additional costs for services include personal grooming items, hairdresser, podiatry, non-prescription pharmacy items, companion fees, special outings and others.

More questions? Please email us at info@fairhaven.bc.ca or call 604.433.2939 (Vancouver) or 604.435.0525 (Burnaby).

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API		2023			Apple Blossom		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						AFRIL FOOLS DAY	
2. 10:45 Connection 11:15 SNOEZELEN 2:00 AFTERNOON SOCIAL 3:15 HAND BELLS	3. 10:45 EXERCISES 11:30 NEIGHBORHOOD CHORES 2:00 CHINESE SOCIAL 3:30 CONNECTION	4. 10:00 MUSIC THERAPY 1:45 EASTER CRAFTS 2:45 ACTIVE MOMENTS	5. 11:00 RELAXATION 11:15 CHURCH SERVICE 2:00 SCENIC DRIVE	6. 1:45 ART THERAPY	Good Friday	8.	
9. 10:45 Connection 11:15 SNOEZELEN	Easter Monday	11. 10:00 Music Therapy 1:45 Montessori	12. 10:45 CONNECTION 11:00 CHURCH SERVICE 11:15 RELAXATION	13. 1:45 ART THERAPY	14. 2:45 Music Therapy	15.	
2:00 AFTERNOON SOCIAL 3:15 HAND BELLS		2:45 ACTIVE MOMENTS	1:45 COLORING GROUP 2:45 MUSIC THERAPY 3:00 REMINISCING				
16. 10:45 Connection 11:15 SNOEZELEN 2:00 AFTERNOON	17. 10:45 Exercises 11:30 Neighborhood Chores	18. 10:00 Music Therapy 2:00 Birthday Party	19. 11:00 RELAXATION 11:15 CHURCH SERVICE	20. 1:45 ART THERAPY	21. 2:45 Music Therapy	22.	
SOCIAL 3:15 HAND BELLS	2:00 JAVA MUSIC CLUB 3:30 CONNECTION	BIRTHDAY	2:00 SCENIC DRIVE				
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WEEK 5

730pmSNACK

FAIR HAVEN HOMES SOCIETY SPRING/SUMMER MENU 2023

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Vegetable Vege	MINCED	Scrambled Eggs-mash	Scrambled Egg-mash	Scrambled Egg-mash	Scrambled Eggs-mash	Boiled Egg Scrambled Egg-mash	Sl.ProcessedCheese	Scrambled Egg-mash				
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Mince stew, rice, ex gr. Min. tuna casser. min.mx veg. sc. Pure stew w rice, ex gr. Pure stew w rice, ex gr. Pur tuna casserole pure in tomato Pure casserole, pure tom can pure coleslaw ALTERNATE Assorted Sandwich		Orange Sherbet	Ü				Dressing					
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veg can puree coleslaw salad, puree beets salad cauliflower ALTERNATE Assorted Sandwich Assorted Sand	MINCED	Mince stew, rice,ex gr.				· ·	<u> </u>					
Assorted Cookies, Baked Goods & Fruits, Puree - Pudding or Puree Fruits, Yogurt as per snack schedule. DINNER Baked Pork Steak Onion Gravy Mashed Potato/Rice Squash Tropical Fruit Salad Chocolate Pudding Cut up pork Deboned chicken pieces Mince pork, mash pot. mince squash, gr. Puree pork, mash pot. pure Puree pork, mash pot. pure Baked Pork Steak Onion Gravy Breaded Chicken Thigh w Tarragon Sauce Meatballs & Tomato Sauce Meatballs & Tomato Sauce Egg Noodles/Rice California Mix Veg. Vanilla Swirl Cake Strawberry Pudding Cut up pork Mince Pork, mash pot. mince squash, gr. Puree chicken, mash Puree beef stew, gr. Puree beef stew, gr. Puree beef stew, gr. Puree meatballs, mash Puree meatballs, mash Puree eneatballs, mash Puree chicken mash pot. Puree chicken mash pot. Puree fish, mash Puree turkey, mash	PUREED	Puree stew w rice, ex gr.	•									
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ALTERNATE Baked Chicken Roast Beef Chef's Choice Roasted Chicken Baked Fish Chef's Choice Chicken Pie	ALTERNATE	Baked Chicken	Roast Beef	Chef's Choice	Roasted Chicken	Baked Fish	Chef's Choice	Chicken Pie				

NOTE: Water, Assorted Juice, Milk, Coffee, Tea, available at every meal and/or nourishment times & any time upon request. Diabetic 1/2 reg. dessert at lunch and dinner, diet juice, jam&sugar available Peanut Butter offered daily as a choice at brkfst. Crackers served w. soup, bread offered at dinner including puree. Minced diet gets always no crust bread, puree soup and dessert.

Assorted Sandwiches, Yogurt or Cheese & Crackers or Muffin, Puree - Pudding or Puree Fruits, as per snack schedule.