

Fair Haven Homes Society FAMILY COUNCIL

6:15 p.m Tuesday, March 28, 2023 via **ZOOM**

MINUTES - DRAFT

Attendees:

Angela Lee, Ann Wong, Anna Huang, Hamid Fakhi, Lynn Friesen, Shirley Lee, Mark Kennedy, Mike Charko

Guests

1. James Corbett, Regional Engagement Lead, Office of Patient-Centred Measurement, BC Ministry of Health: "Office of the Seniors Advocate LTC Survey for Families and Residents"

2. Julia Pereira, Clinical OT Lead, Salius Rehab: "Resident Mobility and Safety"

Staff Liaison: Anne Shatkin Facilitator: Shirley Lee (Acting Chair)

Recorder: Anne Shatkin

	Item	Action	Name	Comments
1.	Call to Order		Chair	6:17 pm
2.	Guest: "Office of the Seniors Advocate (OSA) LTC Survey for Families and Residents"	Presentation	James Corbett, Regional Engagement Lead, Office of Patient-Centred Measurement, BC Ministry of Health	 Guest gave overview of the OSA and its upcoming survey of LTC Residents and Families. The survey, introduced in 2016, will continue to benchmark residents' experience in care and give voice to improvements they would like to see in LTC. The survey is conducted in various formats and languages to ensure as many residents are included as possible. The OSA is recruiting and training volunteers to conduct surveys in-person, telephone, online according to the residents' abilities. If interested, more details on the survey and volunteering can be found on the OSA website: https://surveybcseniors.org/
3.	, Guest : "Resident Mobility and Safety"	Presentation & Demonstration	Julia Pereira, Operational Services Manager, Clinical OT Lead, Salius Rehab	 An in-depth overview of eldercare & rehab services available to FH residents thru Salius Rehab. Primary care goals: to maintain residents' mobility and independence. Watched video demo of assessment strategies for diagnostic and prescriptive purposes.
•	Q & A	• Discussion	All	 Rehab exercises prescribed according to residents' individual goals and abilities. Reviewed various rehab assistive devices & equipment used to transfer & support residents in ways that ensures safety for both residents and staff who support them. Families and residents can contact Julia and the OT/Rehab team directly with questions on rehab programs, needs assessment and supportive equipment such as wheelchair fittings along with any associated funding requirements. Vancouver residents can email Julia at julia.pereira@saliusrehab.ca

We acknowledge that we live, work and play on the ancestral, traditional and unceded territory of the Qayqayt First Nation, and all Coast Salish Peoples including the Musqueam, Squamish and Tsleil-Waututh First Nations.

				Burnaby residents can contact David Price ACTION: Anne to follow up with David for his email address and will send to FC. Full recording of both the OSA and Salius Rehab presentations will be posted soon on the FC Teams shared directory for anyone who would like to watch/listen to the speakers again. Both presentations contain worthwhile content!
4.	Approval of Agenda	Approve	Chair	
5.	Feb 28 Minutes Approval	Approve	Chair	Feb 28 Minutes
6.	Upcoming FC Meetings Alzheimer Society	Roundtable Discussion	All	 Choosing a Topic: a. Mapping your journey: stages and progression of dementia b. Understanding communication changes (affected by dementia & and learn effective communication strategies). c. Life in long-term care ACTION: Anne to send detailed descriptions of topics to FC again to select one and advise Alzheimer Society of our choice.
9. Next Meeting		Chair	April 25, 2023 (Online via Zoom)	
10. Adjourned		Chair	7:35 pm	

Meeting Principles

- 1. Speak openly. We value all contributions.
- 2. Respect confidentiality at meetings any personal information is not discussed outside of meetings.
- 3. Focus on improving quality of life for all residents.
- 4. Focus on the future.
- 5. Try to present possible solutions when identifying an issue
- 6. Assume the best in one another and trust each other.
- 7. Work towards progress and strive to improve.
- 8. Ask questions to understand.
- 9. Respect everyone's point of view and accept differences of opinion.
- 10. Be respectful in your communication.